

CREATING COMMUNITY IN HIGHER ED: WOMEN'S GROUP COACHING PROGRAM

This is a 4-session online coaching program for women who feel weighed down by the daily rigors and systemic inequalities of higher education. Staff/administrators, grad students, adjuncts, postdocs, and faculty members in all fields are welcome.

Zoom Sessions: Sundays, 3:00-4:15pm EST

Feb 28th: Identifying Goals & Values

March 14th: Creating Boundaries & Preventing Burnout

March 28th: Building Resilience & Social Networks

April 11th: Envisioning the Future

Cost: \$150-300 (Sliding scale)

Apply for the program here:

https://docs.google.com/forms/d/e/1FAIpQLSeLgqC8fTp_P-DFkigHhC2XrQ3Z1ogfobLbFFSXLfefWiGWRg/viewform?usp=sf_link

This workshop is led by Leslie Wang, Associate Professor and Certified Professional Life Coach, and Mary Churchill, Associate Dean and Certified Executive Coach. We are dedicated to making higher education a more caring and compassionate space.



Leslie Wang, PhD.
www.LeslieKimWang.com



Mary Churchill, PhD.
www.MaryChurchill.com